FAMILY TABLE ACTIVITY
October 14, 2020

Let's send a message or picture to encourage someone in our church family! Your prayers and perhaps an offer to help them in some way would also be such a blessing. If you would like us to share the name of someone who could use encouragement, please contact us through the Family Table Time Facebook post, messenger, or e-mail Pastor Sarah. Feel free to choose someone on your own as well.

Choose from these ideas or create your own:

HOMEMADE CARD

- Consider including these in your card:
  - a Bible verse (ideas below)
  - a kind message
  - a hand drawn picture or simple hearts)

STRING OF HEARTS

- cut several hearts out of paper (a size that will fit into your envelope)
- draw a picture or write a message, verse (see below) or prayer on each one
- staple, tape or glue these onto a ribbon or string so they can be hung

Supplies:

- paper (construction, cardstock, scrapbook or printer paper)
- right-sized envelope for mailing or hand-delivering
- crayons, markers or colored pencils
- Bible
- stapler, glue or tape (for string of hearts)
- ribbon or string (for string of hearts)

Possible Scriptures to share:

Lamentations 3:22-26
1 Peter 5:7

Romans 8:38, 39
Romans 15:13